

# Healthy Choices Fair



## COME JOIN US ON

### Date

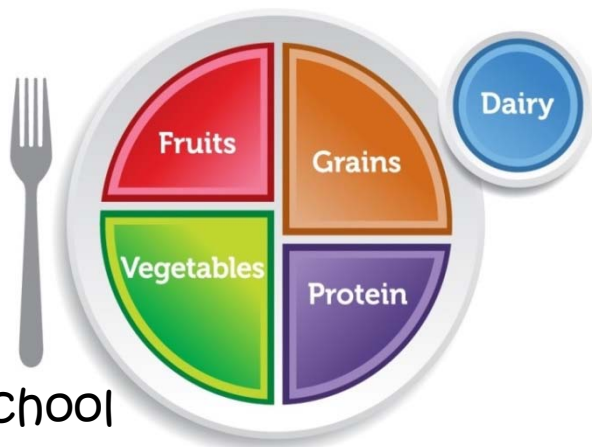
Saturday, April 23, 2016

### Time

12:00pm – 3:00pm

### Location

Harlem RBI/DREAM Charter School  
1991 East 104<sup>th</sup> Street @ 2<sup>nd</sup> Avenue  
New York, NY 10029



**FREE** Screenings and Activities will include:



- Blood Pressure Screening
- Body Mass Index Screening
- Cholesterol & Glucose Screening
- Vision Screening
- Nutritional Counseling & Education
- Healthy Foods Tasting & Recipes

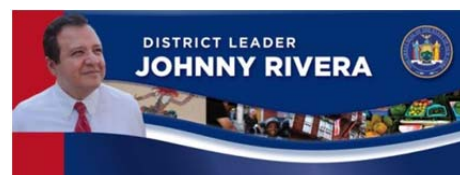


East Harlem  
Chamber of Commerce



Mount  
Sinai  
Hospital

Adolescent  
Health Center



# Feria De Opciones Saludables



## VEN Y PARTICIPA

### Día

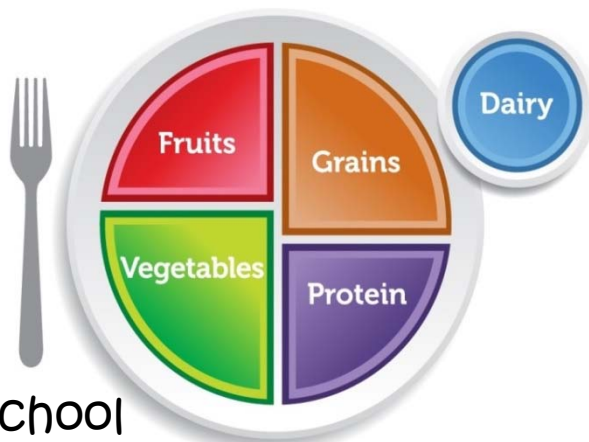
Sábado, Abril 23, 2016

### Horario

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### Localización

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Exámenes Gratuitos Y Actividades Incluirán:

- Examen De La Presión Arterial
- Examen De Índice De Masa Corporal
- Examen De Colesterol Y Glucosa
- Examen De La Vista
- Asesoramiento Nutricional Y Educación
- Saludables Prueba De Alimentos Y Recetas



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